5-Day Love Challenge

WORKBOOK



www.Kristin-Ann.com



Dare to Dream: Your Why

Take a moment to write down your big w Why did you sign up for this 5-Day Love C	
	·
	<u>-</u>
	
	·····
	
	© 2016 KRISTIN ANN



If you could wave a magic wand, what would your life look like 6 months from now?	



What is your EXCITING 6-month goal?
What feelings come up about this goal?



What is your EXCITING 18-month to 2-year goal(s)?
What feelings come up about this goal(s)?

© 2016 KRISTIN ANN



What is your EXCITING 5-year goal(s)?
What feelings come up about this goal(s)?

© 2016 KRISTIN ANN