



Hidden Challenges and Roadblocks

What is slowing you down from reaching your goal?

How does that make you feel?



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What does that mean to you?

What impact does this challenge have on you right now?



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How does that impact make you feel?

What is the WORST part of this challenge or roadblock?



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How long has this been going on?

How long have you been feeling this way?

What are you missing out on in life because these challenges and/or roadblocks are getting in the way between you and your goals?

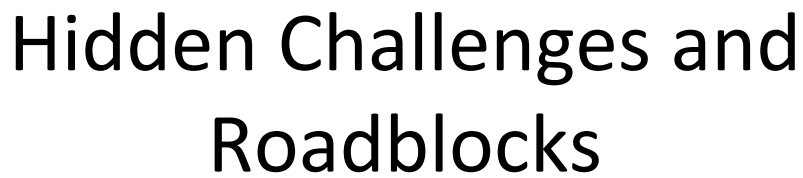


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If you do not turn this around, what do you think you'll be missing out on in the future by staying stuck?

How does it feel not to achieve your goal and be held back by these challenges?

Did you uncover any new insights?

[illegible]



Prior Efforts

Have you tried anything in the past to reach this goal?

What did you try?



Prior Efforts

What were the results?

How do you feel about those results?
